

FULL CIRCLE

Infinite Circle



Photo by [Eliza Diamond](#) on [Unsplash](#)

You Say You Want A Resolution, Well, You Know...

We all want to change the world. Maybe at least our world.

With the new year comes new years resolutions that are usually designed to fail. Why? Because they're great ideas; big, life-changing, difficult because, by golly, when that calendar changes, I'll tackle this thing!

Or, set your goal today. Set it with a measurable outcome, milestones to that outcome, and the easiest way you can possibly imagine to start. That is THE biggest struggle.

Go Forth and Be Awesome

The idea of creativity can feel out of reach for a lot of people.

"I'm just not the artsy type."

Okay, but do you solve any problems of any nature? That's using some creativity. To avoid burnout, one of the elements of the experience should be a degree of creativity. How much depends on the person, but it generally needs to be present.

The most recent segment of my series on Burnout is ready for your creative interpretation on my site: 360-Clarity.com/blog

Creativity Beyond Art



Something Extra



Photo by Clay Banks on Unsplash

In the US it's the time of year where we might indulge, just a little. Indulge with spending, food, or even down-time.

As they say, "all things in moderation," here's some ways to possibly fire up your brain while having a little something extra.

Click [here](#) for some recommendations on food for your brain.

Enjoy wrapping up 2021!!



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